



PSHE and RSE Curriculum Statement

Intent:

Our RSE and PSHE curriculum aims to give children the knowledge, skills and attitudes they need to effectively navigate the complexities of life. The curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships and financial matters and will support them in becoming confident individuals and active members of society.

Children's learning significantly contributes to their personal development, as set out in the Ofsted Inspection Framework. It promotes the four fundamental British values which reflect life in modern Britain: democracy; rule of law; respect and tolerance and individual liberty.

Implementation:

Our curriculum is a whole school approach that consists of five areas of learning:

- 1) Families and relationships
- 2) Health and wellbeing
- 3) Safety and the changing body
- 4) Citizenship
- 5) Economic wellbeing

Each area is revisited every year to allow the children to build on prior learning.

The curriculum supports the requirements of the Equality Act through direct teaching, for example learning about different families, the negative effect of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lesson.

Our PSHE programme is designed to meet the unique needs of pupils. The curriculum allows for open learning activities, discussion and debate and develop children's skills, knowledge, understanding and attitudes. There are meaningful opportunities for cross-curricular learning, in particular with Computing for online safety and Science for growing, nutrition, teeth, diet and lifestyle. Our school bank allows children to develop their economic education and become aware of real-life financial management.

We continually respond to local, national and global events that may occur in an age-appropriate way. Our lessons complement key campaigns throughout the year, such as: Anti-Bullying Week, Black History Month and Mental Health Week.

**Impact:**

By the time the children leave in year 6, they will be equipped with decision making skills with regards to their wellbeing, health, relationships and economic understanding. Children will be able to demonstrate that they treat each other with kindness and respect. Our embedded whole school vision to nurture children's spiritual, moral, social and cultural development supports them to foster good relationships.

Children will have enhanced knowledge and understanding about their economic education. They will demonstrate financial awareness of saving, spending, interest and debt and the impact of these concepts.

Children will move onto their next stage of their education with self-confidence and a high sense of self worth. Children will be able to articulate their opinions fairly and listen to the views of others.